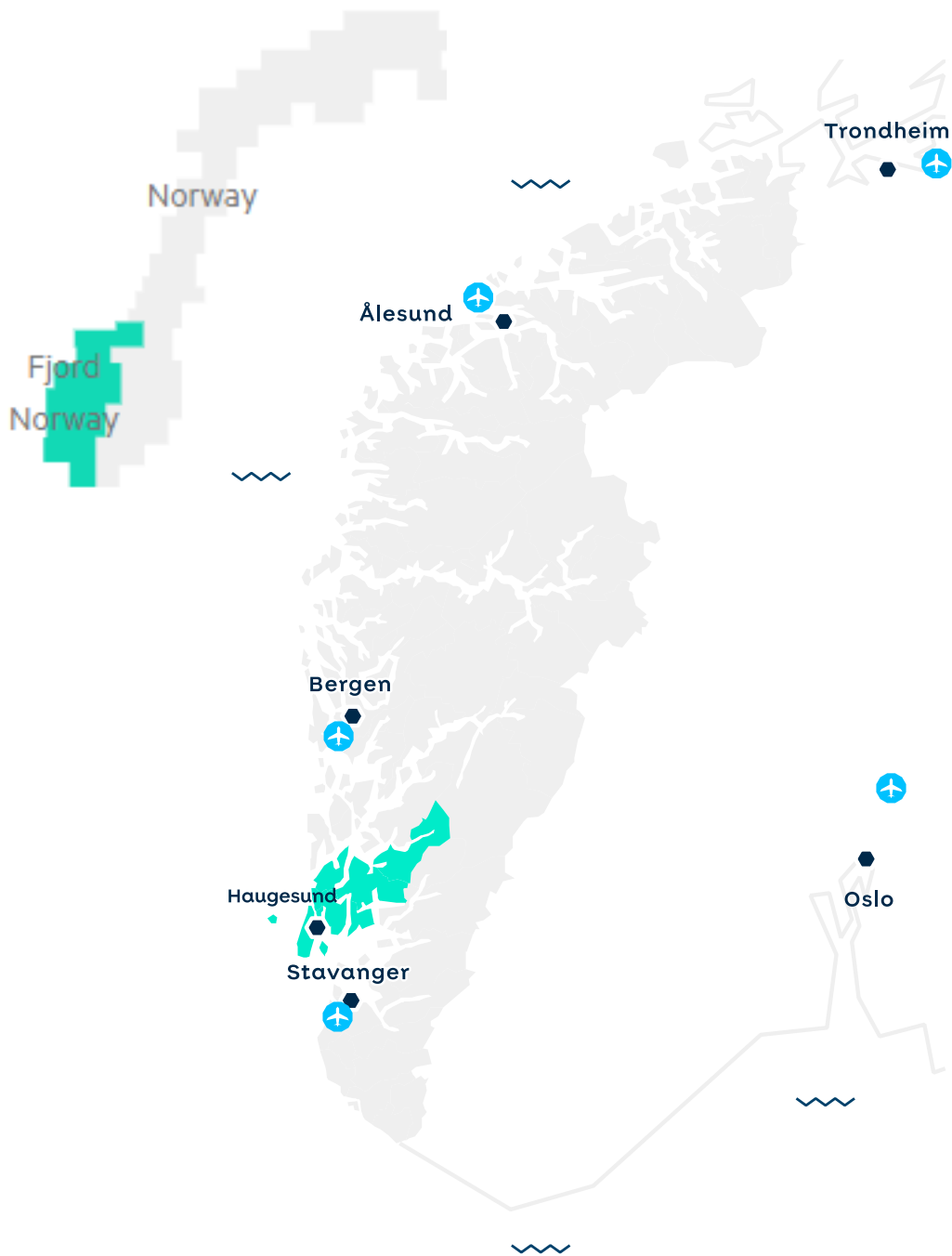




HOMELAND OF  
THE VIKING KINGS  
NORWAY'S BIRTHPLACE

VISITHAUGESUND.NO

# Welcome to Haugesund!



# Where is Haugesund?

Haugesund is situated in Western Norway, between Stavanger and Bergen, in Rogaland county.

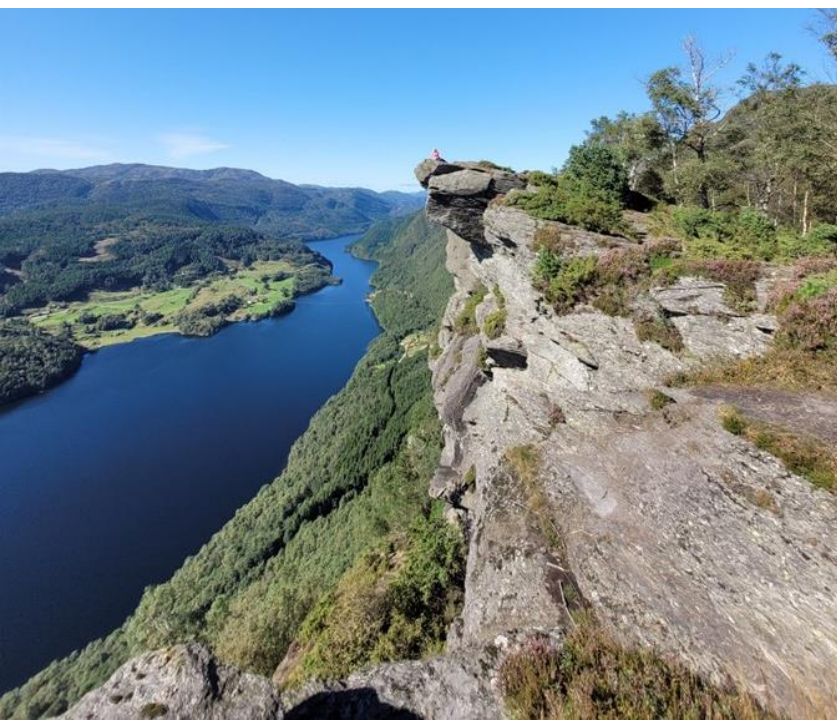
Haugesund is the regional centre for more than 100,000 people and has everything you need for a blast of urban life; culture, shopping, restaurants and charming cafés.

The region extends from the open sea in the west to the fjord and mountain landscape in the east. It is a region full of contrasts. Langfoss waterfall, coastal culture, unique Viking history, idyllic island communities and charming small town life are a few of the highlights.

Feel free to use #visithaugesund on social media while you are here to share your holiday memories with us.

[Visithaugesund.no](https://visithaugesund.no) has information in Norwegian, German and English and you will find tips for the perfect holiday in Western Norway.







# Travel to Haugesund



Haugesund Airport Karmøy is located 15 minutes from the city centre by car, taxi or the [airport bus](#). Direct flights to/from Oslo, Bergen, Copenhagen, Gdansk, Alicante and Malaga. Oslo and Copenhagen have very good international flight connections.



[Kystbussen](#): Stavanger – Haugesund – Bergen

[Haukeliekspressen](#): Oslo – Åkrafjorden - Haugesund

Time and distance from:

Oslo: 6.5 hours (440km)



Kristiansand: 5 hours (310km)

Stavanger: 2 hours (80km)

Bergen: 3 hours (140km)



# Welcome to Haugesund

Haugesund is great to experience on foot! See historical monuments, learn about industrial history and enjoy a rich cultural and café scene. The city centre is compact and has a strong urban vibe. Haugesund is mentioned in Snorre Sturlason's saga about Harald Fairhair, the first king of Norway and has a strong viking heritage.

If you would like to do some shopping, head for Haraldsgata and the streets that run off it. This area has charming niche shops, home decor shops and goldsmiths, to name but a few. The book shop Den Lille Bokbutikken (sells English books) and the home decor shop Krimz Kramz are well worth a visit. Read more [here](#) or try [the shopping guide](#)

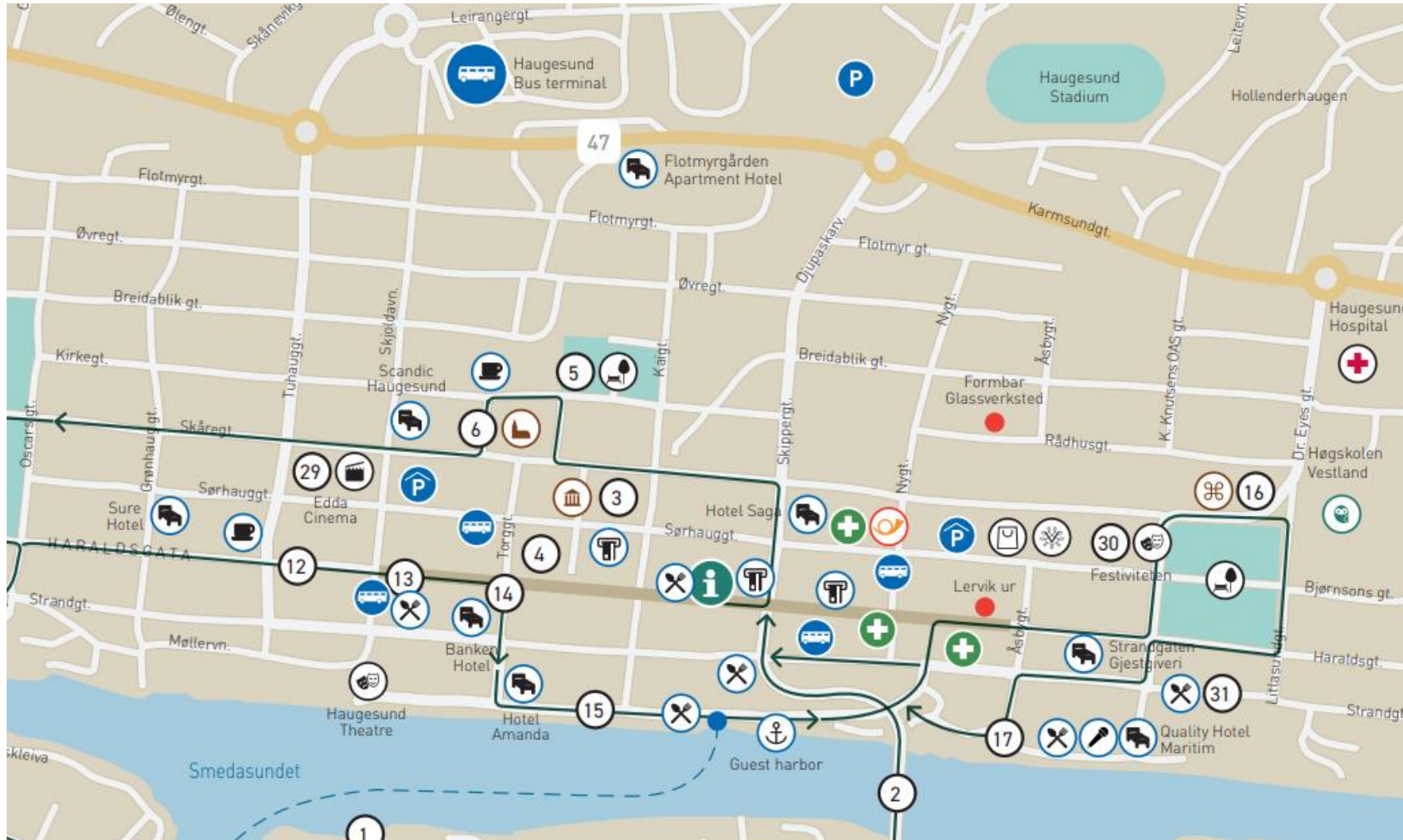
There are also several museums such as a digital Viking museum called [Viking Planet](#) and [Haugesund Art Gallery](#).

Find the full guide to Haugesund [here](#)





# Haugesund City Centre



Click the image below to download the city map



# Where can I find



Pharmacy: There are several pharmacies in the centre of Haugesund such as Apotek 1 Løven in Haraldsgata 90 (Opening hours: 09.00-20.00 weekday, 09.00-17.00 Saturday og 17.00-19.00 Sunday)



Vinmonopol: In Norway you can only buy wine and spirits at Vinmonopolet. You can find it at the shopping centre «Markedet» in Haugesund city centre (Skåregata 92). Beer can be bought at the grocery stores.



The closest post office is inside the grocery shop Ekstra Helsehuset (Sørhauggata 115). Tip: If you visit a grocery store try some of our tasty norwegian chocolates. You can also buy stams at the turist information.



The tourist information is in Haraldsgata 131 in Haugesund. If you have any questions about the region or you want a map over Haugesund stop by. Open all week (Sundays 10.00-15.00)





# Food and drinks in Haugesund!

You can get the day off to a good start by eating breakfast at Naturbakst at Haraldsgata 81.

Hos Carlos is known for a very good cup of coffee and if you're looking for a sweet treat you must try the cupcakes from Cupcakehuset (the most colourful building in town) and the donuts from Lutch Foods.

Along Smedasundet you will find with nightclubs, bars and restaurants. The acclaimed Lothe's restaurant is in an elevated location above the quay. It's sister restaurant Dattera til Lothes has great food too. You'll find what may be the town's best burger at Oxe Burger, and if it's sushi you're after, head for Sabi Sushi nearer the town center.

Indian food? Give India gate a try! Or maybe you fancy Italian, well then Cibo og I'l Forno are both very popular restaurants. Carlos Bistro might be an other option if you are looking for a mediterranean vibe. To Glass is an excellent choice for a romantic dinner. Naustet Restaurant at Maritim Hotel Quality is also worth a visit.

If it's good, locally produced beer you're after, head for Garasjebryggeriet at Høvleriet – where you can almost be fooled into thinking you're in Brooklyn. Looking for a chilled vibe and good cocktails? Try artsy No Stress, Winehouse or Rabalder.

These are only a few suggestions. As you might see you won't go hungry in Haugesund!





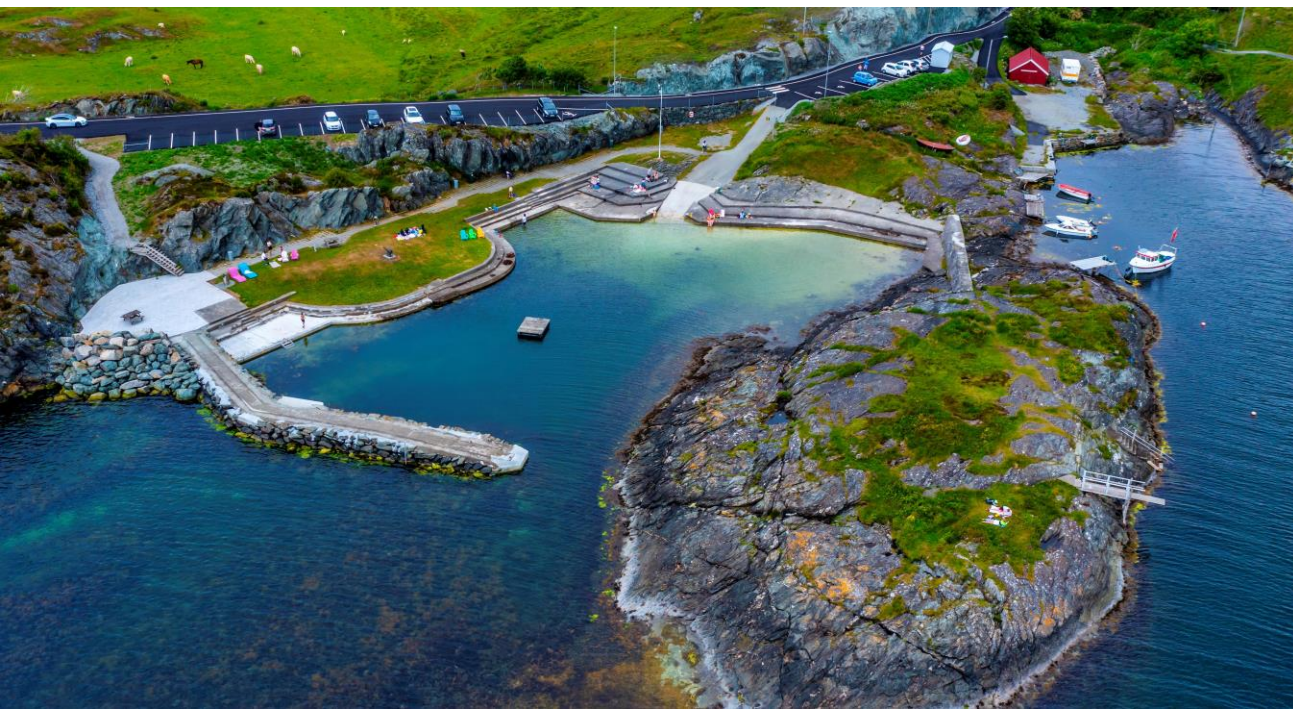




# Walks from the city centre

Just a short walk from the city centre you can find beautiful nature. We can recommend the [coastal trail](#) to Norway's only national monument, Haraldshaugen, the lighthouse Kvalen Fyr and the scenic Kvalsvik bathing area. Keep walking past Kvalsvik and you will end up at the art installation "The rising tide" by Jason DeCaires Taylor. The sculptures were initially on exhibition in the River Thames, London and were relocated to Haugesund in 2019. You can also walk to nature areas such as Djupadalen or Haraldsvangen.

The city has several parks including the library park. Don't forget to have a look at The Haugesund town hall (once voted Norway's most beautiful town hall) when you go for a walk. You will most likely also notice the Neo-Gothic style Church (Our Saviour's Church) in the centre. The church was dedicated in 1901 and can seat 1030 people.







# Rib safari or a guided tour?

A fun and exhilarating RIB boat tour is a great way to explore the rich coastal culture of the islands around Haugesund. Your captain takes you through the straits around Haugesund which originally gave Norway its name. The straits were the way to the North - the Norway!

Experience much in a short time with electric-bikes and local guide or an art walk in the city centre.

To book contact [post@govikingadventure.com](mailto:post@govikingadventure.com)  
Read more [here](#)



# Viking Planet- en digital opplevelsesreise

The Viking Planet has been developed to present the local Viking history in a fun and educational way. Recently the whole world has been fascinated by the Viking`s journey, with film adaptations from both Netflix and HBO in Hollywood.

Take part and join in on the journey with a visit to [The Viking Planet](#) Haugesund. The Viking Planet Haugesund also includes a range of Viking effects and local arts and crafts for sale in its shop. It is guaranteed to be a unique experience.





# Saunas

There are several saunas in the region such as in [Åkrafjorden](#) and [Haugesund](#)







# Island experience at Utsira og Røvær

The island community of [Utsira](#) is situated out at the ocean's edge, a 70-minute boat trip from Haugesund. Wander around the island that, despite having no streets, nonetheless features world-class street art. Enjoy a delicious meal made from local produce at Dahmsgård restaurant. Who would have thought seaweed could be transformed into the most delicious dishes? And there are several options if you would like to spend the night there. The locals will tell you that you have to stay over to really get a sense of island life.



The island community [Røvær](#) is a short boat trip from Haugesund. With a permanent population of just under 100, Røvær is a small community with a lot of community spirit and even more hospitality. You can visit Røvær Aquaculture Centre and learn more about Norway as a seafood nation. Røvær Kulturhotell, the only hotel on the island, offers accommodation and hosts teambuilding activities and cultural events. And, if that's not enough, Røvær Sjøhus serves traditional dumplings throughout the summer. Surely worth noting!



You can buy [boat tickets here](#) (book from Haugesund Hurtigbåtkai to Røvær and from Haugesund Garpaskjær ferjekai to Utsira)









# Magnificent scenery and urban trails

Put on your walking shoes, pack some tasty Norwegian snacks in your rucksack and explore the fantastic walking trails in Haugalandet.

There are plenty of options. Maybe try the popular Coastal Trail just north of the centre of Haugesund, the walk to Ryvarden lighthouse in Sveio, enjoy the beaches on Karmøy or maybe amazing panoramic views from Himakånå in Tysvær?



Read more about local hikes and urban trails [here](#)



# Explore Karmøy

Karmøy is known for its rich cultural heritage, with Norway's oldest royal seat, a once-thriving copper industry and idyllic wooden houses. Nature experiences also await, with wonderful sandy beaches, surfing waves, signposted hiking trails in varied terrain and charming coastal culture.

The three biggest attractions on Karmøy are: Norway's oldest royal seat at Avaldsnes, beautiful Skudeneshavn and Åkrasanden beach, which has blue flag certification.

On the island, you will find gems such as the natural phenomenon Dueglåp, the Visnes Mining Museum (they have a mini version of the Statue of Liberty) and the Minigolfen Familiepark, said to be Europe's largest minigolf course.

More information [here](#)





# Avaldsnes, Karmøy

## History centre

[Nordvegen history centre](#) tells the story about how Avaldsnes became the first royal seat of Norway. It is underground and blends in with the surrounding area.

## Viking Farm

Approximately 20 minutes walk from Nordvegen history centre, through beautiful cultural landscapes, on a small forested island, you will find the [Viking farm](#). The Viking farm is reconstructed based on archaeological finds made in Rogaland. The Viking farms has been a location for several projects including Norsemen (on Netflix) and history programs for networks such as BBC.

## St. Olav's Church

King Håkon Håkonsson started the work on the Olav's church in 1250. St.Olav's church used to be surrounded by several large obelisks. Some have disappeared or have been wrecked, but on the north side of the church you can still find the tallest and well-known obelisk called "Virgin Mary's sewing needle" leaning towards the church wall. The most famous story is that doomsday will come when it the obelisk touches the wall!





# Unique Accommodation

From the edge of the North Sea to glamping in the fjord, there are lots of exciting accommodation options in the Haugesund region.

You can spend the night at one of the lighthouses along the coast. Maybe the old lighthouse keeper's house at **Ryvarde lighthouse** in Sveio or if you're looking for a little more luxury, **Høyevarde Fyrhotell** on Karmøy.

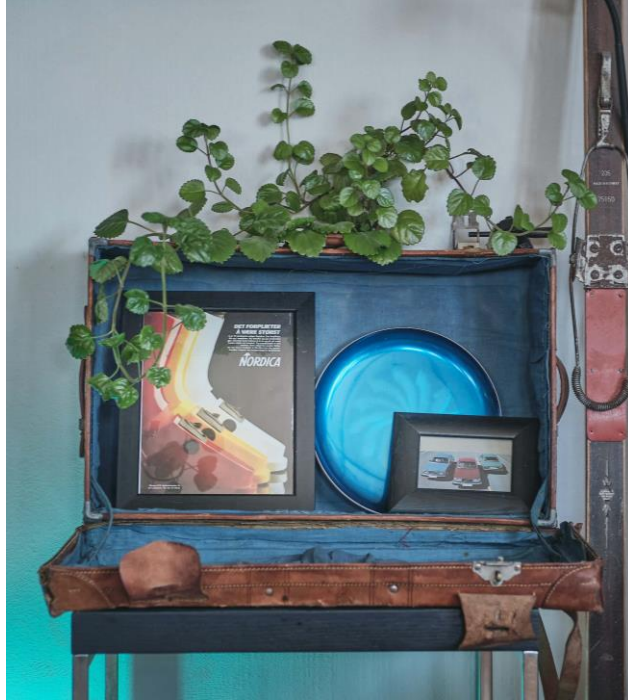
**Fugl Fønix** in Etne is an urban hotel in the countryside. The location makes it a great base for experiencing the Åkrafjord and Trolltunga, which are both within driving distance. It also has a boat for hire, so that you can go out on the fjord and try your luck fishing.

At **Nesheimstunet** in Nedre Vats, you can spend the night in nostalgic surroundings on a farm that has been in the same family since the 15th century. The hosts will give you a warm welcome and serve homemade food made from the farm's own produce.

[Find more unique accommodation ideas here](#)







# Raw Ocean Lodge & Sandve beach

In a quiet setting on Karmøy, surrounded by the North Sea, you will find Skaarnesheimen Raw Ocean Lodge - a community-oriented eco lodge with focus on curated adventure, amazing local food and cultural experiences.

Try surfing, free diving fishing in the north sea, stand up paddling and more at Raw Ocean Lodge. The instructors are local and always know where the best conditions are. Raw Ocean Lodge focus on curated adventures, amazing local food and cultural experiences.

They offer accommodation too. You can even rent your very own private dome!

Read more [here](#)









# Åkrafjorden

The Åkrafjord (in Etne) is around an hour and a half by car from the centre of Haugesund. The Åkrafjord is 32 km long. The mountainsides are steep and tower above the fjord in many places making it quite spectacular.

The most impressive waterfall is Langfoss with it's 600 meters drop! And not only that- you can drive across it on the E134 road or hike along side the waterfall on a path. Another great option is to board a [fjordcruise](#) in Åkrafjorden.

The area offers [many activities](#) such as climbing, canyoning, kayaking or horseback riding with an impressive view.





# Daytrips

Here are our tips on what to do when you visit [Haugesund and Haugalandet](#). These suggested day trips will make it easier to plan your stay here. If you have 2, 4 or 8 hours of time that are not yet filled with wonderful experiences, then check out our suggestions for day trips. To find the most suitable trips, you can filter them by duration, group size, activity level and category.



[Day trips in Haugesund](#)



[Daytrips at Karmøy](#)



[Day trips in Skudeneshavn](#)



Friends Alone Partner Family Hiking  
Sightseeing Culture

## Walk the Coastal Trail in Haugesund

Walk the Coastal Trail from the centre of Haugesund to the national monument Haraldshaugen and enjoy beautiful, green nature. Don't forget to stop for coffee on your way and enjoy a lovely cupcake.

[Read more →](#)

Haugesund c... Calm 3 hours



Family Friends Alone Partner Sightseeing  
Culture

## Historical walk in Haugesund – sculpture by sculpture

Set off on foot and experience parts of the town's history – sculpture by sculpture. On this tour, you will get to meet everybody from Marilyn Monroe to King Harald Fairhair.

[Read more →](#)

Haugesund c... Calm 2 hours



Family Friends Alone Partner Shopping

## Shopping in the centre of Haugesund

You can find many charming niche shops in the centre of Haugesund. Below are our tips on which shops not to miss.

[Read more →](#)

Haugesund c... Calm 4 hours



Family Friends Partner Sightseeing Culture

## In the footsteps of the Vikings

Viking history stands strong in Haugalandet – it was here that the Vikings ruled and had their royal seat. We have put together a route that lets you follow in the footsteps of the Vikings on Karmøy and in Haugesund!

[Read more →](#)



Family Friends Sightseeing

## Trampoline park and mini-golf – an active day with the kids on Karmøy

Take the kids on a fun and active day on Karmøy. Start the day with lows and highs at the Rush Trampoline Park and end it with a picnic (and maybe a swim) at Åkrasanden beach.

[Read more →](#)



Alone Partner Family Friends Sightseeing  
Culture

## A summer's day in Skudeneshavn

Stroll around Skudeneshavn and soak up the wonderful atmosphere of the small town on the southern tip of Karmøy island. To make sure that you don't miss anything, we have put together some suggestions for what to do on your day here.

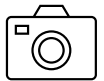
[Read more →](#)

Skudeneshavn Calm 5 hours



# Things to do

Accessibility is the key to great experiences. We've now made it even easier for you to find out what's actually open during your stay. On your phone, find the place you would like to visit and click on 'things to do'. Then select the date and time and you can see what's open. If you allow your phone to share your location, you can also see the distance to the experience you have selected.



[Things to do in Haugesund](#)



[Things to do in Skudeneshavn](#)



[Things to do in Karmøy](#)

## Things to do in Haugesund

Here is a list of things to do in Haugesund, today or in the coming days. Select date and time and you can see what's open. If you allow your phone to share your location, you can also see the distance to the experience you have selected.



Things to do today ▾ from 11:00 ▾

All Activities Food and drinks Culture Sightseeing

Showing 26 products



**Formbar Glassverksted in Haugesund**

Open at 09:00–16:00



**Tre stuer café - Haugesund**

Open at 10:00–15:00



**Haugesund Art Gallery - Haugalandmuseet**

Open at 11:00–16:00



**The Viking Planet Haugesund**

Open at 11:00–18:00



**hos Carlos - Gamle Slaktehuset**

Open at 09:00–20:00



**Røvær Havbrukscenter**

Open at 10:00–18:00



**Café René Haugesund**

Open at 11:00–22:00



**Karmsund Folkemuseum - Haugalandmuseet**

Open at 11:00–16:00



**Lutchfood kafé - Haugesund**

Open at 10:00–17:00



**hos Carlos - Haugesund Public Library**

Open at 10:00–16:00



**Carlos' Bistro**

Open at 11:00–22:00



**Jåblom Bakst Cupcakehuset**

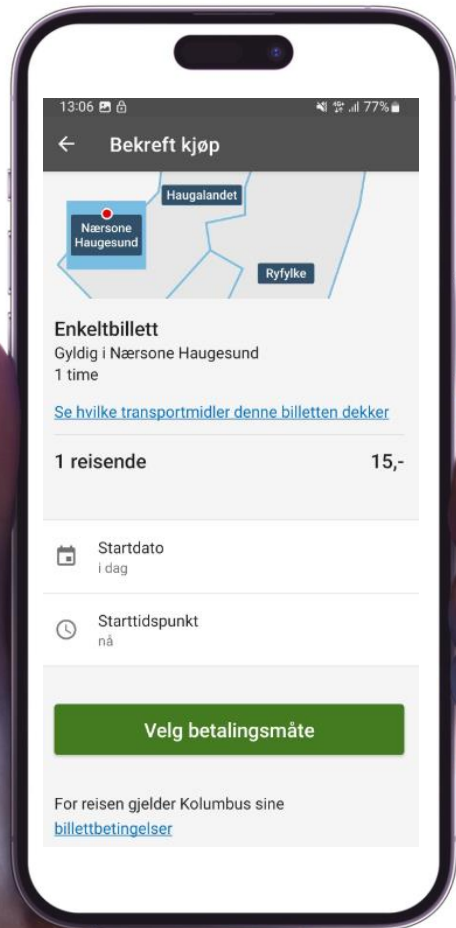
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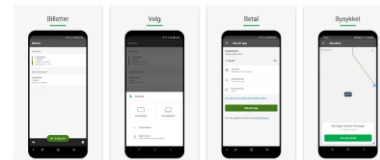
# Local transportation

To travel easy and environmentally friendly in Haugesund and the region, we recommend a day pass or a short pass on the green Kolumbus buses. Day Pass and short pass can be purchased from the Kolumbus app or at the kiosk Narvesen. You get the short pass for 1, 7 or 30 days.

Read more and download the app here: <https://www.kolumbus.no/en/>



## Kolumbus Billett





We hope you enjoy your visit to Haugesund. Show us your pictures by using #visithaugesund or @visithaugesund on social media.

If you have any questions visit the Tourist Information in the main shopping street, Haraldsgata 131, Haugesund.

For travel inspiration and information about the region go to [VisitHaugesund.no](https://www.VisitHaugesund.no)



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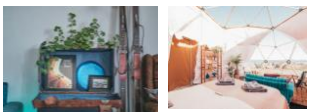
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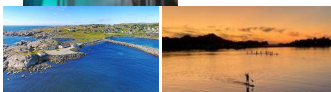
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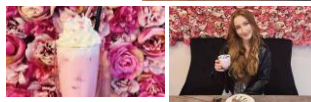
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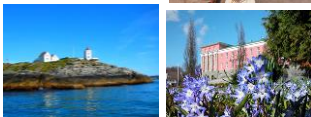
© Skaarnesheimen/Raw Ocean Lodge



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© Lutchfoods



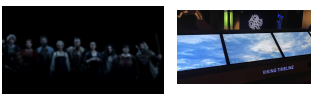
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